90218 - She is pregnant and cannot lift up her feet to wash them when doing wudu

the question

I am three months pregnant and the specialist has advised me not to lift up my feet to do wudu in the sink, because this is very dangerous for me. When I am at home, I do wudu in the bath, but I work and there is no way that I can wash my feet at work except by lifting them up to the sink.

My question is as follows: Is it haraam for me to wipe my feet on the top only as a temporary solution until I give birth, in sha Allah?.

Detailed answer

Praise be to Allah.

Washing the feet is one of the obligatory parts of wudu, without which it is not valid, according to the consensus of the companions of the Prophet (peace and blessings of Allah be upon him). This has been discussed in the answer to question no. 69761.

You can ward off hardship from yourself by doing one of two things:

1 – Pour water over your feet with a cup or your hand, etc, without lifting them up. If the water reaches the entire foot then you have washed them as required, and your purification is valid. You do not have to rub them with your hand.

Al-Nawawi (may Allah have mercy on him) said: Our view is that rubbing the parts of the body when doing ghusl and wudu is sunnah and is not obligatory, If he pours water over it and does not wipe it with his hand, or he immerses it in a large amount of water, that is sufficient and his wudu and ghusl are valid. This is the view of all the scholars except Maalik and al-Muzani, who stipulated that this is a condition of ghusl and wudu being valid. End quote from al-Majmoo' (2/214)

2 – You can do wudu at home and wash your feet, then put on socks. Then if you want to do wudu after that, it is sufficient to wipe over the socks, for 24 hours, so long as you stay in the same city, and for 72 hours if you are travelling.

For more information on the conditions of wiping over the socks, please see question no. 9640 and 8186.

And Allah knows best.