7838 - Is It Permissible to Force a Wife to Have Intercourse During Menses?

the question

I am a Muslim woman and am married, praise be to Allah. But my husband has intercourse with me during my period. Is it permissible for him to do that, or should I stop him? It also hurts me and upsets me. I am asking this question because I heard from my friends that it is not permissible for a man to have intercourse with his wife during her period. May Allah reward you with good for this program which has given me the opportunity to ask about an embarrassing matter such as this. I am suffering from this problem and do not know what to do. May Allah make you a source of help for Islam and the Muslims.

Summary of answer

Islam strictly forbids intercourse during a woman’s menstruation based on Quranic verses and prophetic traditions. The act is considered a serious sin, and intimacy may only resume after the period ends and Ghusl is performed. If a husband insists, the wife must refuse and is not sinful if she is forced.

Detailed answer

Praise be to Allah.

Quranic Evidence Prohibiting Intercourse During Menses

It is forbidden for a man to have intercourse with his wife during her period .

Allah says (interpretation of the meaning):

{They ask you concerning menstruation. Say: that is an Adha (a harmful thing for a husband to

have a sexual intercourse with his wife while she is having her menses), therefore, keep away from women during menses and go not unto them till they are purified (from menses and have taken a bath)} [Al-Baqarah 2:222].

The Role of Ghusl in Resuming Marital Relations

So it is not permissible for a man to have intercourse with his wife until she has become pure and has taken a bath (made Ghusl) , because Allah says (interpretation of the meaning):

{And when they have purified themselves, then go in unto them as Allâh has ordained for you (go in unto them in any manner as long as it is in their vagina)} [Al-Baqarah 2:222]

The Seriousness of the Sin According to Hadith

Another indication of how abhorrent this sin is, is the words of the Prophet (peace and blessings of Allah be upon him): “Whoever has intercourse with a menstruating woman, or has anal intercourse with a woman, or goes to a fortune-teller, has disbelieved in what was revealed to Muhammad.” (Narrated by At-Tirmidhi from Abu Hurayrah, 1/243; see also Sahih Al-Jami`, 5918).

What Should a Wife Do If Her Husband Insists?

So you have to prevent him and stop him from doing that. If you obey him in this matter then you will be a partner in the sin with him, but if he forces you to do it then the sin will be on him.

For more details, please refer to the following answers: 2121, 12351, 91793

And Allah knows best.