65575 - Is There a Du`a that Replaces Hajj for Menstruating Women?

the question

I was wondering if you know that dua'a which women are supposed to read when they're not praying (ie. menstruating) during Ramadan and other times as well. I believe you're supposed to read it 70 times at the time of each salah and the rewards include something like hajj and umra for every vein of the body. If you could please please provide me with that dua'a as well as the translation, benefits, and hadith or whatever authenticity, i would really really appreciate it. I've been looking and I know I have it somewhere, but I can't seem to find it.

Summary of answer

-There is no Du`a in the authentic sources that replaces Hajj or `Umrah for menstruating women.
-Islam emphasizes verifying Hadiths before acting on them.
-Menstruating women are permitted to engage in Dhikr, Du`a, and even recite the Quran without touching the Mus-haf directly.

Detailed answer

Praise be to Allah.

No Authentic Du’a Equals Hajj for Menstruating Women

We do not know of any Du`a in the authentic Sunnah that is like the one mentioned by our sister.

Misattributing Words to the Prophet Is a Serious Sin

It is not permissible for anyone to attribute to the Messenger (peace and blessings of Allah be upon him) things that he did not say. The Prophet (peace and blessings of Allah be upon him) said:

“Whoever tells lies about me deliberately, let him take his place in Hell.” (Narrated by Al-Bukhari, 1291 and Muslim, 933)

Verifying Hadith Is a Religious Obligation

Not every Hadith that a person hears or reads in a book is authentic, rather he must verify whether the Hadith was indeed narrated from the Prophet (peace and blessings of Allah be upon him), and it should be taken from trustworthy scholars who have sound knowledge of the Hadith of the Messenger (peace and blessings of Allah be upon him).

It was narrated by Muslim in the introduction to his Sahih (5), and by Abu Dawud (4992) that the Messenger (peace and blessings of Allah be upon him) said: “It is sufficient lying for a man to speak of everything that he hears.” (Classed as authentic by Al-Albani in *Sahih Abu Dawud*)

An-Nawawi (may Allah have mercy on him) said:

Because usually he hears both true and false things, and if he were to speak of everything that he hears, he would be lying because he would be telling of something that did not happen. End quote.

Secondly:

Can Menstruating Women Engage in Dhikr and Du`a?

It is permissible for a menstruating woman to remember Allah by reciting whatever Du`as and Dhikrs she wants ; there is no reason why she should not do that.

Is It Permissible for Menstruating Women to Recite Quran?

It is also permissible for a menstruating woman to recite Quran , as is the view of Abu Hanifah and the view favoured by Shaykh Al-Islam (may Allah have mercy on them both).

Shaykh Al-Islam Ibn Taymiyah (may Allah have mercy on him) said in *Majmu` Al-Fatawa*, 26/190:

There is no basis for saying that she (a menstruating woman) is not allowed to recite the Quran. The quotation, “The menstruating woman and the one who is in a state of major impurity should not recite Quran” is a weak Hadith, according to the consensus of the scholars who have knowledge of Hadith.

Women used to menstruate at the time of the Messenger of Allah (peace and blessings of Allah be upon him), and if reciting was haram, as prayer is, this would have been something to which the Prophet (peace and blessings of Allah be upon him) drew the attention of his Ummah, and the Mother of the Believers would have known it, and that would have been something that was transmitted to the people. Since no one narrated any such prohibition from the Prophet (peace and blessings of Allah be upon him), it is not permissible to make it haram when it is known that he did not forbid it. Since he did not forbid it even though there were plenty of menstruating women around at his time, then it is known that it is not prohibited. (End quote)

But she should recite Quran without touching the Mus-haf, either by reciting what she knows by heart, or reading from the Mus-haf while wearing gloves or something similar that will prevent her from touching the Mus-haf directly.

See these answers for more context: (70438, 26753, 152742, 60213)

And Allah knows best.