605 - Psychology: Recommended Reading

the question

Are there any books on psychology which you would recommend?

Detailed answer

Praise be to Allah.

If you are asking about the names of books on the field of Islamic psychology, the answer is that unfortunately there are still very few modern books in this field. There is a need for people who have studied the Qur'aan and Sunnah, and who have an insight into and practical experience of human psychology, as well as knowledge of the experience and writings of non-Muslims in this field, to write about this subject properly and produce useful work in this field. In any case, there are a few modern books in this field, which include the following:

'Ilm al-Nafs al-Da'wi (The Psychology of Da'wah) by 'Abd al-'Azeez Muhammad al-Naghmeeshi

Madkhil ila al-Tarbiyah al-Islamiyah (Introduction to Islamic Education) by 'Abd al-Rahmaan al-Yaami

Usas al-Sihhah al-Nafsiyyah li'l-Tifl al-Muslim (Principles of Psychological Health of the Muslim Child) by Maalik Badri

Al-Tafakkur min al-Mushaahadah ila'l-Shuhood: Diraasat Nafsiyah Islamiyah (From Seeing to Bearing Witness: A Study in Islamic Psychology) by Maalik Badri

'Ilm al-Nafs al-Ta'leemi (Educational Psychology) by Muhammad Khaleefah Barakaat

Araa' Ibn al-Qayyim al-Tarbawiyah (The Educational Thought of Ibn al-Qayyim) by Hasan 'Ali Hasan al-Hijaaji

Diraasaat fi'l-Nafs al-Insaaniyah (Studies in Human Psychology) by Muhammad Qutb

Manhaj al-Tarbiyah al-Islamiyah (Methodology of Islamic Education) (2 vols.) by Muhammad Qutb

‘Ilm al-Nafs fi Hayaatinaa al-Yawmiyah (Everyday Psychology) by Muhammad ‘Uthmaan Najaati

‘Ilm al-Nafs al-Takweeni (Formative Psychology) by ‘Abd al-Hameed Muhammad al-Haashimi

Al-Muraahiqoon (Teenagers) by ‘Abd al-‘Azeez Muhammad al-Naghmeeshi

Usool ‘Ilm al-Nafs al-‘Aam (Principles of General Psychology) by ‘Abd al-Hameed Muhammad al-Haashimi

The first reference given will give you more details about these references, in sha Allaah.

We ask Allaah to give you help and strength.