37943 - Can You Fast If You Miss Suhur and Fajr?

the question

I'm new to Islam; I reverted only 3 weeks ago. I'm very excited about Ramadan, but today I accidentally woke up late. Someone told me that I can't fast if I haven't eaten or prayed Fajr at the right time. Should I fast or not?

Summary of answer

If you do not eat Suhur or do not wake up for Fajr prayer, this is not counted as a reason for you not to fast. So you have to continue your fast. If you broke your fast, thinking that you did not have to fast, you have to fast another day to make up for it.

Detailed answer

Praise be to Allah.

First of all we are happy to hear that Allah has guided you to Islam, and we ask Allah to help you to do that which He loves and which pleases Him.

What to do if you miss a prayer?

If a Muslim sleeps and misses a prayer, and does not wake up until after the time for that prayer is over, then he should not ignore it, rather he should offer the prayer whenever he wakes up . And there is no sin on him for that, because the Prophet (peace and blessings of Allah be upon him) said: “Whoever forgets a prayer or sleeps and misses it, let him offer it as soon as he remembers , for there is no expiation apart from that.” (Narrated by Al-Bukhari, 597 and Muslim, 684)

Can you fast if you miss Suhur and Fajr?

In response to your question, what was said to you is not correct; you have to complete your fast

on that day.

If a Muslim does not eat Suhur or does not wake up for Fajr, this is not counted as a reason for him not to fast.

So you have to continue your fast. If you broke your fast, thinking that you did not have to fast, when Ramadan is over you have to fast another day to make up for it .

And Allah knows best.