36801 - It is makroh to interlace one's fingers when going out to pray, until one has prayed

the question

What is the ruling on interlacing one's fingers when in the mosque?.

Detailed answer

Praise be to Allah.

This is part of the etiquette of going out to the mosque, concerning which it says in the Sunnah that one should not interlace the fingers.

It was narrated from Thumamah al-Hannat that Ka’b ibn ‘Ujrah saw him when he was heading towards the mosque. They met one another and he said: he found me interlacing my fingers and told me not to do that, and he said: The Messenger of Allah (peace and blessings of Allah be upon him) said: “When one of you does wudoo’ and does it well, then goes out heading to the mosque, let him not interlace his fingers, for he is in a state of prayer.” Narrated by Abu Dawood, 562; classed as saheeh by al-Albani in Saheeh Abi Dawood.

This hadeeth indicates that it is not allowed to interlace the fingers when one is walking to the mosque to pray, because the one who is headed towards the mosque comes under the same ruling as one who is praying.

Al-Khattabi (may Allah have mercy on him) said: Interlacing the fingers is something that some people do absent-mindedly, or some do it to crack their fingers. A man may sit and interlace his fingers and wrap his hands around his knees (whilst seated) in order to relax or try to sleep, so it may cause him to lose his wudoo’. So it is said to the one who has purified himself and set out towards the mosque: do not interlace your fingers because all of the different things that we have mentioned do not befit the prayer or the state of the one who is praying. End quote from Ma’alim

al-Sunan, 1/295.

In the hadeeth of Abu Hurayrah about the story of Dhu'l-Yadayn and the topic of the prostration of forgetfulness, it says: "He went and stood by a piece of wood that was set up in the mosque, and leaned against it as if he was angry, and he placed his right hand on his left and interlaced his fingers…" Narrated by al-Bukhari, 482; Muslim, 573.

There is no contradiction between this and what we have mentioned above, because this instance of interlacing the fingers came after the Prophet (peace and blessings of Allah be upon him) thought the prayer was over, so it comes under the ruling of one who has finished praying. The prohibition applies only to the one who is praying and the one who is heading towards the mosque, because it is a kind of fidgeting and not focusing with proper humility.

Imam al-Bukhari (may Allah have mercy on him) said: "Chapter on interlacing the fingers in the mosque and elsewhere" and he narrated ahadith from the Prophet (peace and blessings of Allah be upon him) which show that he interlaced his fingers in the mosque and elsewhere, including the hadeeth about Dhu'l-Yadayn mentioned above.

Al-Hafiz Ibn Hajar said, reconciling between these ahadith and the ahadith which speak of the prohibition:
Al-Isma'eeli reconciled between them by noting that the prohibition is limited to when one is in prayer or is intending to pray, because the one who is waiting for the prayer comes under the same ruling as one who is praying… Then al-Hafiz said: The report which says that this is forbidden so long as one is in the mosque is da'eef (weak) as we have stated above. End quote.

Fath al-Bari, 1/565

It is worth noting that there are some worshippers who fidget with their fingers by cracking them, but this fidgeting does not befit one who is praying as it is indicative of a lack of proper focus and humility, because if the heart is focused, the limbs will also be focused and be still.

It was narrated that Shu'bah, the freed slave of Ibn 'Abbas, said: I prayed beside Ibn 'Abbas and

cracked my fingers. When the prayer was over he said: “May you be bereft of your mother! You crack your fingers when you are in prayer?” Narrated by Ibn Abi Shaybah, 2/344. al-Albani said in Irwa’ al-Ghaleel (2/99): its isnad is hasan.

Conclusion: Interlacing the fingers is makroh for one who is going out to pray, until he has finished the prayer. If a person is sitting in the mosque, there is nothing wrong with him interlacing his fingers unless he is waiting for the prayer, in which case it is makroh for him to interlace them.

And Allah knows best.

See: Ahkam Hudoor al-Masajid by Shaykh ‘Abd-Allah ibn Salih al-Fawzan, p. 67-68.