21418 - Eating produce that contains hormones

the question

Recently it has been heard that fruit and vegetables are being injected with male and female hormones. This may not be healthy for people to consume and may develop an addition of extra hormones in males and females. if this is haram please could you let me know and explain fully.

Detailed answer

Praise be to Allah.

Eating anything that is harmful to one's health is haraam, even if it is something that in principle is good and permissible. If it is proven that these hormones are harmful, then it is not permissible to eat these foods. But it has to be proven that they are harmful, and this should not be the matter of mere doubt, because the basic principle is that they are permissible.