



## 212827 - Can I Use Cream in Ihram?

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### the question

What is the ruling on putting cream on the thighs to prevent chafing after entering Ihram for `umrah? Please note that this cream, like all other creams, has a scent but it is not a scent like perfume.

### Summary of answer

It is permissible for the pilgrim in Ihram to use creams on the thighs to prevent chafing because the purpose here is using it as a remedy.

### Detailed answer

Praise be to Allah.

In the answer to question no. [20019](#) , we stated that [what is forbidden during Ihram](#) is [putting on perfume or anything that has a scent](#) . If the cream mentioned does not have any scent, then there is nothing wrong with using it.

It says in Fatawa Al-Lajnah Ad-Da'imah, vol. 2 (10/157):

During Tawaf and Sa'i in Hajj and `Umrah, people often use creams to reduce the chafing between the thighs; as using perfume is one of the things that are forbidden when in Ihram, is using Dakta-cort [a hydrocortisone cream] in this case permissible or not?

They replied:

“There is nothing wrong with using Dakta-cort cream – a sample of which was attached – and similar creams when wearing Ihram for Hajj or `Umrah, and it is not haram, because it is a kind of remedy and [it is not a kind of perfume](#) , so it does not come under the [ruling on perfume](#) .”



Based on that, it is permissible for the pilgrim in Ihram to use creams on that area to prevent chafing, because the purpose here is using it as a remedy.

And Allah knows best.