155153 - Can You Use Breath Spray When Fasting?

the question

I would like an answer to the following question: is it permissible to use a finger-sized piece of sterilised cotton to wipe the tongue and teeth with, that is used to remove smells and germs and comes in various flavours such as mint, whilst fasting?.

Summary of answer

If the breath spray is used and none of it reaches the throat, there is nothing wrong with it while fasting.

Detailed answer

Praise be to Allah.

There is nothing wrong with using what you mention, so long as none of it reaches the throat; rather you should spit out whatever of it is left in the mouth, or rinse out the mouth .

Shaykh Salih Al-Fawzan (may Allah preserve him) was asked: In some pharmacies, there is a kind of fragrance for the mouth, which is a type of spray. Is it permissible to use it during the day in Ramadan to remove odour from the mouth?

He replied:

“Instead of using the spray for the mouth when fasting, it is sufficient to use the Siwak which was encouraged by the Prophet (blessings and peace of Allah be upon him). If the spray is used and none of it reaches the throat, there is nothing wrong with it. But the smell that comes from the mouth of the fasting person as a result of fasting should not be disliked, because it is the effect of obedience and is beloved by Allah, may He be Glorified and Exalted.

In the Hadith it says: “The smell coming from the mouth of the fasting person is better before Allah than the fragrance of musk.” (Al-Muntaqa min Fatawa Ash-Shaykh Salih Al-Fawzan, 3/121)

For more details, please see the following answers: 39017 , 78438 , and 129903 .

And Allah knows best.