



## 129860 - Can Footballers Break Their Fast?

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### the question

Is it permissible to not fast for one day because of playing football?

### Summary of answer

It is not permissible for footballers to break their fast because this is not one of the legitimate reason that make it permissible to break the fast.

### Detailed answer

Praise be to Allah.

The Standing Committee for Academic Research and Issuing Fatwas said:

“It is not permissible to break the fast during the day in Ramadan in order to play [sports](#) such as football or anything else, because that is not one of the legitimate Shar`i excuses that make it permissible to break the fast.”

For more, please see these answers: [65734](#) and [39232](#)

And Allah knows best.