12173 - He wants to learn the awraad and adhkaars prescribed in Islam

the question

I would like you to write for me the “awraad and adhkaars prescribed in Islam ”.

Detailed answer

Praise be to Allah.

With regard to awraad and adhkaar (dhikr etc.), there are many of them. Among those which have been narrated from the Prophet (peace and blessings of Allah be upon him) are adhkaar for getting up from sleep, du`as for morning and evening, and when going to sleep. One of the du`as which the Prophet (peace and blessings of Allah be upon him) taught us to say in the morning and evening is as follows:

“Reciting ‘Qul Huwa Allahu Ahad’ and al-Mi’wadhatayn [the last two soorahs of the Quran] three times in the evening and in the morning will protect you against everything.”

(Narrated by al-Tirmidhi, al-Da’waat, 3499. It was classed as hasan by al-Albaani in Saheeh Sunan al-Tirmidhi, no. 2829)

Sayyid al-Istighfaar (the most superior way of asking for forgiveness), which is:

“Allahumma Anta Rabbee laa ilaah illa Anta, khalaqtani wa ana ‘abduka wa ana ‘ala ‘ahdika wa wad’ika maa asta’tu, a’oodhu bika min sharri ma sana’tu aboo’u laka bi ni’matika ‘alayya wa aboo’u laka bi dhanbi, faghfir li fa innahu laa yaghfir al-dhunoob illa anta (O Allah, you are my Lord. None has the right to be worshipped but You. You created me and I am Your slave, and I am faithful to my covenant and my promise (to You) as much as I can. I seek refuge with You from all the evil I have done. I acknowledge before You all the blessings You have bestowed upon me, and I confess to You all my sins. So I entreat You to forgive my sins, for nobody can forgive sins except

You.).” He [the Prophet (peace and blessings of Allah be upon him)] said: Whoever says this during the day, believing in it with certainty, then dies on that day before evening comes, will be one of the people of Paradise, and whoever says it at night, believing in it with certainty, then dies on that night before morning comes, will be one of the people of Paradise.”

(Narrated by al-Bukhari, al-Da’waat, 6306)

It was narrated that Abu Hurayrah said:

“The Messenger of Allah (peace and blessings of Allah be upon him) said: ‘Whoever says morning and evening, Subhaan Allah wa bihamdih (Glory and praise be to Allah)’ one hundred times, no one will come on the Day of Resurrection with anything better than him, except for one who said the same as he said, or who said more.’(Narrated by Muslim, al-Dhikr wa’l-du`a, 2692)

The Messenger of Allah (peace and blessings of Allah be upon him) said: “If a person says, every day in the morning and every night in the evening, ‘Bismillaah alladhi laa yadurru ma’a ismihi shay’un fi’l-ardi wa laa fi’l-sama’ wa Huwa al-Samee’ al-‘Aleem (In the name of Allah with Whose name nothing can cause harm on earth or in heaven, and He is the All-Seeing, the All-Knowing)’, three times, nothing will harm him.”

(Narrated by al-Tirmidhi, al-Da’waat, 3388, Al-Albaani said in Saheeh Sunan al-Tirmidhi, it is hasan saheeh. No. 2689)

The Prophet (peace and blessings of Allah be upon him) used to say in the evening:

“Amsayna wa amsaa al-mulku Lillaahi wa’l-hamdu Lillaahi wa laa ilaaha ill-Allah wahdahu laa shareeka lah… ([the narrator] said: I think he added)… lahu’l-mulk wa lahu’l-hamd wa huwa ‘ala kulli shay’in qadeer. As’aluka khayra ma fi hadhihi’l-laylah wa khayra ma bad’ahaa. Wa a’oodhu bika min sharri hadhihi’l-laylah wa sharri ma bad’ahaa. Wa a’oodhu bika min al-kasal wa soo’ al-kibari wa a’oodhu bika min ‘adhaab al-naar wa ‘adhaab al-qabr (We have reached the evening and at this very time unto Allah belongs all sovereignty, and all praise is for Allah. None has the right to be worshipped except Allah alone, without any partner. ([the narrator] said: I think he added)…To

Him belongs all sovereignty and praise, and He is over all things omnipotent. My Lord, I ask You for the good of this night and the good of what follows it, and I seek refuge in You from the evil of this night and the evil of what follows it. My Lord, I seek refuge in You from laziness and senility. My Lord, I seek refuge in You from the torment of the Fire and the punishment of the grave).” And in the morning he used to say that too: “Asbahnaa wa asbaha al-mulk Lillaah wa’l-hamdu Lillaah…(We have reached the morning and at this very time unto Allah belongs all sovereignty…)”.

(Narrated by al-Tirmidhi, al-Daw’aat, 3390; classed as saheeh by al-Albaani in Saheeh Sunan al-Tirmidhi, no. 2699)

The Messenger of Allah (peace and blessings of Allah be upon him) taught his companions to say in the morning,

“Allahumma bika asbahnaa wa bika amsaynaa wa bika nayha wa bika namoot wa ilayka al-maseer (O Allah, by Your leave we have reached the morning and by Your leave we have reached the evening, by Your leave we live and die, and unto You is our return),” and to say in the evening, “Allahumma bika amsaynaa wa bika asbahna wa bika nahya wa bika namoot wa ilayka al-nushoor (O Allah, by Your leave we have reached the evening and by Your leave we have reached the morning, by Your leave we live and die, and unto You is our resurrection).”

(Narrated by al-Tirmidhi, al-Da’waat, 3391; classed as saheeh by al-Albaani, no. 2700)

He taught one of his companions to say: “Allahumma ‘aalim al-ghaybi wa’l-shahaadah, faatir al-samawaati wa’l-ard, Rabba kulli shay’in wa maleekahu, ash-hadu an laa ilaaha ill anta, a’oodhu bika min sharri nafsi wa min sharri’l-shaytaan wa sharakihi (O Allah, knower of the unseen and the seen, Creator of the heavens and the earth, Lord and sovereign of all things, I bear witness that there none has the right to be worshipped except You. I seek refuge in You from the evil of my own self and from the evil of the Shaytaan and his tricks).” He said: “Say this in the morning and in the evening, and when you go to your bed.”

(Narrated by al-Tirmidhi, al-Da’waat, 3392; classed as saheeh by al-Albaani in Saheeh Sunan al-

Tirmidhi, no. 2701)

The Messenger of Allah (peace and blessings of Allah be upon him) never missed reciting these du`as in the evening and in the morning:

“Allahumma inni as’aluka al-‘aafiyah fi’l-dunya wa’l-aakhirah. Allahumma inni as’aluka al-‘afw wa’l-‘aafiyah fi deeni wa dunyaaya wa ahli wa maali. Allahumma astur ‘awrati [‘Uthmaan said, ‘awraati] wa aamin raw’aati. Allahumma ihfazni min bayna yadayya wa min khalfi wa ‘an yameeni wa ‘an shimaali wa min fawqi wa a’oodhu bi ‘azamatika an ughtaala min tahti (O Allah, I ask You for well-being in this world and in the Hereafter. O Allah, I ask You for forgiveness and well-being in my religious and worldly affairs, and my family and my wealth. O Allah, conceal my faults and keep me safe from the things that I fear. O Allah, protect me from the front and from behind, and on my right and on my left and from above, and I seek refuge in Your greatness from receiving unexpected harm from below me [being swallowed up by the earth]).”

(Narrated by Abu Dawood, al-Adab, 5074. Classed as saheeh by al-Albaani in Saheeh Sunan Abi Dawood, 4239)

Similarly he said: “ ‘Allahumma inni a’oodhu bika min al-kufri wa’l-faqri. Allahumma inni a’oodhi bika min ‘adhaab al-qabri. Laa ilaaha illa anta (O Allah, I seek refuge in You from disbelief and poverty. O Allah, I seek refuge in You from the torment of the grave. None has the right to be worshipped except You).’ Repeat this three times in the morning and three times in the evening”

(Narrated by Abu Dawood, al-Adab 5090. Al-Albaani said in Saheeh Sunan Abi Dawood, its isnaad is hasan. No. 4245)

And he said: “Subhaan Allah wa bi hamdihi ‘adada khalqihi wa ridaa nafsihi wazinata ‘arshihi wa midaada kalimaatihi (Glory be to Allah and praise be to Him (as great as) the number of His creatures, the extent of His satisfaction, the weight of His domain and the ink (needed to write down His countless) signs (of presence, omnipotence and grace)).”

(Narrated by Muslim, al-Dhikr wa’l-Istighfaar, 4905. This is to be said in the morning).

For more information, see Question # 3064, and books of saheeh du`as. And Allah knows best.