108926 - Does Hitting Someone Break Your Fast?

the question

I work as a teacher and sometimes I have to hit or shout at the students, because all the teachers do that. I have tried to make myself not do that, but it happened today. Is the fast invalidated by hitting and shouting and getting angry?

Do you advise me to give up this profession because it leads to the lack of psychological instability, and it is affecting my worship of Allah because I feel guilty after hitting or shouting?

Please note that I would do that were it not for my mother who may be upset if I give it up.

Summary of answer

Hitting someone and shouting at someone are not things that break the fast even if it is done by way of aggression.

Detailed answer

Praise be to Allah.

Hitting and shouting are not things that break the fast, even if it is done by way of aggression, so how about if the hitting and shouting are done for the purpose of discipline, teaching and directing? Undoubtedly in that case, it is clear that they do not break the fast.

We advise you to remain in this teaching job because it is one of the noblest and most important kinds of work, and it is essential to pay attention to knowledge and teaching, and to make sacrifices for the sake of reviving our schools and universities and taking them to the highest levels and most sublime of goals.

Try to overcome every problem you face in your work with wisdom and deliberation, and consult

former teachers who have experience.

We ask Allah to guide and help us and you in this world and to grant us success in the Hereafter.

For more details, please see the following answers: 106473 , 37658 , and 38023 .

And Allah knows best.