107045 - Should Women Who Had Caesarean Section Observe Nifas?

the question

Is there Nifas for caesarean delivery?

Summary of answer

Nifas is the bleeding that occurs because of childbirth, and it applies whether the birth was natural or by Caesarean.

Detailed answer

Praise be to Allah.

Nifas is the bleeding that occurs because of childbirth , whether the birth was natural or by Caesarean . In fact, if a woman has a miscarriage and delivers a formed foetus – i.e., one in which features such as the head, arm or leg had appeared, which is only after eighty days of pregnancy – the bleeding that occurs because of that is also Nifas.

It says in Kashshaf Al-Qina` (1/218):

"Nifas is bleeding from the uterus that occurs at the time of giving birth, or two or three days before it, and after it up to 40 days. The ruling on Nifas is valid and applies even if the miscarriage occurred as a result of deliberate action such as the woman striking herself or taking medicine (to induce an abortion) and so on… if human features can be seen in the (foetus). But if she produces an `Alaqah (clot of blood) or a Mudghah (unformed embryo resembling a piece of chewed flesh), then the rulings of Nifas do not apply. The minimum length of pregnancy at which human features may appear is eighty-one days, but in most cases, according to what was stated by Al-Majd, Ibn Tamim, Ibn Hamdan and others, is three months."

Nifas may last for a few days then cease; there is no stipulation that it should continue for forty

days .

For more details, please see this category: Menstruation and Post-Natal bleeding

And Allah knows best.