106486 - Does Nose Bleed Break Fast?

the question

I am 59 years old, and I never had nosebleeds before. Last Ramadan I had a nosebleed for 28 days, three to six times, from morning to sunset. The blood goes down in my throat and I push it out. What is the ruling on this?

Summary of answer

If fasting causes you to vomit or become dizzy because of physical weakness, you can break your fast but you have to make up for the missed days later.

Detailed answer

Praise be to Allah.

The Standing Committee for Academic Research and Issuing Fatwas states:

"If the matter is as described then your fast is valid , because your getting a nosebleed was something involuntary so the fact that it happened does not mean that you broke your fast. This is indicated by a great deal of evidence from the Shari'ah, such as the verses in which Allah says (interpretation of the meaning):

"Allah burdens not a person beyond his scope." [al-Baqarah 2:286]

"Allah does not want to place you in difficulty." [al-Maidah 5:6]

And Allah is the Source of strength. May Allah send blessings and peace upon our Prophet Muhammad and his family and Companions." (Fatawa al-Lajnah al-Daimah li'l-Buhuth al-'Ilmiyyah wa'l-Ifta, 10/264, 265)

It also says:

"If a person has a nosebleed involuntarily whilst fasting , his fast is still valid." (Fatawa al-Lajnah al-Daimah li'l-Buhuth al-'Ilmiyyah wa'l-Ifta, 10/268)

And Allah knows best.   2 / 2