91793 - If Her Period Starts While Junub, Is Ghusl for Janabah Still Required?

the question

How should a woman purify herself from janabah when she is menstruating? If she purifies herself from janabah when she is menstruating, should she do wudoo’ and take three handfuls of water then wash her right side then her left side? Or should she just wash herself without doing wudoo’ because she is also menstruating? Is she cleansed of janabah and is only menstruating, or what?

Summary of answer

If a woman becomes Junub and then her period starts, she should still perform Ghusl to remove Janabah. This will allow her to recite the Quran verbally, as the one who is Junub is not allowed to do so. While menstruation continues, Ghusl lifts the state of Janabah but does not affect the menstrual ruling.

Detailed answer

Praise be to Allah.

The Ruling on Ghusl for Janabah during Menstruation

If a menstruating woman becomes Junub, or she is Junub and her period begins, it is prescribed for her to do Ghusl to cleanse herself from Janabah. The point here is that she will then be able to recite Quran without touching the Mus-haf , because the one who is Junub is not allowed to touch the Quran, unlike one who is menstruating.

The Correct Method of Performing Ghusl in This Case

The way in which this Ghusl is done , as in all other cases prescribed by Shari`ah, is to start by washing the parts of the body that are washed in Wudu, then pour three handfuls of water over the head, then wash the right side then the left, then pour water over the whole of the body. Thus Janabah is removed but menstruation remains.

Ibn Qudamah (may Allah have mercy on him) said in *Al-Mughni* (1/134):

If a woman does Ghusl from Janabah at the time when she is menstruating, her Ghusl is valid and the ruling on Janabah no longer applies to her. This was stated by Ahmad who said: The Janabah is removed but the menses is not, until the flow of blood ceases. He said: I do not know of anyone who said that she does not have to do Ghusl except `Ata', but it was also narrated that he said that she should do Ghusl. (End quote)

For more details, please refer to the following answers: 60213, 70438, 3963, 170796

And Allah knows best.