566 - Family Planing causing health difficulties

the question

My understanding is that planning for having kids is OK in Islam, but limiting it is not. I have four kids, wal Hamdu li Llah, and I am in my 36th year and about to turn 37. Actually I love kids, and I feel guilty having my IUD, a means to avoid pregnancy, for my 5th year now. My husband is a good Muslim, wal Hamdu li Llah, but he does not like me to have more kids. Finally, I decided, and told him about it, next month, in-sha-Allah, I plan to remove that device from my body. For you information this device is causing problems in my menstrual timing (monthly period), and also causes infection.
Thanks, and baraka Allahu feekom.

Detailed answer

Praise be to Allah.

The answer to your question is found in the following three points:

- Giving birth is the right of both husband and wife, and neither one of them has the right to deprive the other from doing so.

- It is prohibited to take any measure which would permanently prevent pregnancy, or cause infertility. It is permissible, however, to use temporary birth control methods to delay pregnancy, as in the case of delaying pregnancy for the two years of breast feeding the first child.

- It is prohibited to use any birth control method which would harm the body, as the Prophet said: "Do not (impose) harm, nor (inflect) harm". He also said: "And your body has a right upon you".