



## 37949 - Can I Use Vicks Inhaler while Fasting?

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### the question

My question is about the smell that comes from Vicks [i.e., Vicks Vaporub, used externally to relieve headaches]. Does it have any substance that reaches the stomach when I apply the Vicks in the area of the forehead and nose whilst fasting?

### Summary of answer

Vicks does not have any effect on the fast, because it has no substance.

### Detailed answer

Praise be to Allah.

The smell that comes from Vicks does not have any effect on the fast, because it is simply a smell that has no substance that can reach the stomach.

For more details, please see the following answers:

[Does Inhaler Break Your Fast?](#)

[Does Wearing Perfume Break Your Fast?](#)

[Do Nasal Sprays Break the Fast?](#)

[Can You Use Nasal Spray while Fasting?](#)

[Does a Nebulizer Break Fast?](#)

And Allah knows best.