



313132 - Is Ghusl Valid if Menses Hadn't Ended with Certainty?

the question

She did Ghusl at the beginning of the night, when she was not certain that her period had ended; rather she thought it most likely that it had ended. Before Fajr she became certain that her period had indeed ended, and she fasted and prayed without doing Ghusl again. Are her fasting and prayers valid?

Summary of answer

Ghusl is invalid if performed while menses has not yet ceased completely. Purity is confirmed either by the appearance of a white discharge or complete dryness (no discharge).

If Ghusl is performed before confirming purity, then the Ghusl must be repeated for prayers to be valid.

However, if a woman becomes certain of her purity before Fajr (even without repeating ghushl), her fast for that day remains valid.

Detailed answer

Praise be to Allah.

Signs Indicating the End of Menstruation

The end of menses is known by one of two signs :

1. The emission of the white discharge [Tuhr], which is well known to women.
2. Complete dryness, so that if a woman inserts a piece of cotton or the like, it will come out clean with no trace of blood or yellowish or brownish discharge on it.

A woman should not hasten to do Ghushl until she is certain that her period has ended .



Imam Al-Bukhari (may Allah have mercy on him) said:

Chapter: the beginning and end of the menstrual flow. Some women used to send to `Aishah pads of cotton with traces of [yellowish discharge](#) , and she would say: Do not hasten until you see the white discharge - meaning that the period had ended. The daughter of Zayd ibn Thabit heard that some women used to call for candles in the depths of the night, to see whether their menses had ended, and she said: The women never used to do that - and she criticized [those who did that].
(End quote)

Fasting Without Confirming Purity After Ghusl - What's the Ruling?

If a woman becomes certain that her period has ended before Fajr, then she must fast.

If she is not certain whether it has ended, then her fast is not valid, even if we assume that no discharge is emitted during that day, because the intention of fasting is not valid unless one is certain that the period has ended.

Is Ghusl Valid Without Ascertaining The End of Menses?

If a woman does Ghusl at the beginning of the night although she is uncertain as to whether her period has ended, then she becomes certain of that before Fajr, and she prays and fasts without repeating Ghusl, [then her fast is valid](#) but her prayer is not.

That is because in the case of fasting, it is stipulated that the menses should have ended, even if the woman has not yet done Ghusl.

But in the case of prayer, [it is essential to do Ghusl](#) , and her first Ghusl is not valid when there is some uncertainty as to whether the menses has ended.



Scholarly Evidence on Ghusl and Menstrual Purity

It says in the commentary on *Muntaha Al-Iradat* (1/52): And it is stipulated with regard to Ghusl following menses or Nifas [postpartum bleeding] that the bleeding of menses or Nifas should have ceased, because if the bleeding is present in either case, it nullifies Ghusl. (End quote)

It says in *Kashshaf Al-Qina`* (1/146), regarding things that make Ghusl obligatory: The fifth is menstrual bleeding, because the Prophet (blessings and peace of Allah be upon him) said to Fatimah bint Abu Hubaysh: “When it ends, then do Ghusl and pray.” (Narrated by Al-Bukhari and Muslim)

He also instructed Umm Habibah, Sahlah bint Suhayl, Hamnah and other women to do that.

This is supported by the verse in which Allah, may He be Exalted, says (interpretation of the meaning): “And when they have purified themselves, then come to them from where Allah has ordained for you” [Al-Baqarah 2:222], that is, when they have done Ghusl. So the husband is not allowed to have intercourse with his wife before she does Ghusl, which indicates that it is obligatory for her.

Rather [Ghusl becomes obligatory](#) once the bleeding of menses begins, and the cessation of menses is the condition for it to be valid. (End quote)

And Allah knows best.