21388 - Is Sleeping Naked Allowed in Islam?

the question

Is there any prohibition on sleeping without clothes on, even if one is with one’s wife?

Please note that I do not mean during intercourse, rather I mean when going to sleep. May Allah reward you with good.

Summary of answer

It is not permissible for you to sleep with no clothes on that would cover your `Awrah, whether you are sleeping with or without your wife. Rather it is permissible for you to uncover your `Awrah only at times of necessity.

Detailed answer

Praise be to Allah.

The `Awrah must be covered in all circumstances except when necessary, such as when bathing, having intercourse , relieving oneself, etc. But when there is no reason, the `Awrah must be covered , because of the report narrated by Bahz ibn Hakim from his father, from his grandfather, who said: “O Messenger of Allah, what should we do about our `Awrahs?” He (peace and blessings of Allah be upon him) said, “Guard you `Awrah except from your wives and those whom your right hand possesses (concubines).” He asked, “What about when a man is with another man?” He (peace and blessings of Allah be upon him) said, “If you can manage not to let anyone see it, then do that.” He asked, “What if one of us is alone?’ He (peace and blessings of Allah be upon him) said, “Allah is more deserving that you should feel shy before Him.” (Narrated by At-Tirmidhi, 2769, and others)

Based on the above, it is not permissible for you to sleep with no clothes on that would cover your

`Awrah , whether you are sleeping with or without your wife. Rather it is permissible for you to uncover your `Awrah only at times of necessity.

And Allah knows best.