



213243 - Happy Birthday Wishes in Islam

the question

I am a religiously-committed young man, and I am studying abroad. Is it permissible for me to call my mother to congratulate her on her birthday? I know that it is not permissible to celebrate occasions such as this, and I honour my mother a great deal – praise be to Allah – but my mother is very far from religion and I do not want to put her off even more by my actions. So what should I do?

Summary of answer

Congratulating someone else on the occasion of his or her birthday is a kind of participating and cooperating in this innovation, and imitating the disbelievers.

Detailed answer

Praise be to Allah.

Do Muslims celebrate birthdays?

[Celebrating one's birthday is an innovation](#) that has crept into Muslim countries from non-Muslim countries, hence celebrating it is an [imitation of those disbelievers](#) .

Is saying happy birthday prohibited in Islam?

Congratulating someone else on the occasion of his or her birthday is a kind of participating and cooperating in this innovation, and imitating the disbelievers.

Allah, may He be exalted, says (interpretation of the meaning): “Help you one another in Al-Birr and At-Taqwa (virtue, righteousness and piety); but do not help one another in sin and transgression. And fear Allah. Verily, Allah is Severe in punishment.” [Al-Ma’idah 5:2].



Although obeying one's parents is one of the most emphasized duties, it should not be in anything that involves disobedience towards Allah, may He be exalted.

Allah, may He be exalted, says (interpretation of the meaning): "But if they (both) strive with you to make you join in worship with Me others of which you have no knowledge, then obey them not, but behave with them in the world kindly, and follow the path of him who turns to Me in repentance and in obedience. Then to Me will be your return, and I shall tell you what you used to do." [Luqman 31:15]

Shaykh `Abd Ar-Rahman As-Sa`di (may Allah have mercy on him) said:

"But if they (both) strive with you" means, if your parents try hard

"to make you join in worship with Me others of which you have no knowledge, then obey them not" and do not think that this comes under the heading of treating them kindly, because the rights of Allah take precedence over the rights of all others, and "there is no obedience to any created being if it involves disobedience towards the Creator."

He did not say "If they (both) strive to make you join in worship with Me others of which you have no knowledge, then turn against them"; rather He said "then obey them not" that is, by joining others with Allah in worship. As for honouring them, you should carry on doing that. Hence Allah says "but behave with them in the world kindly" that is, keep them company and treat them kindly. But with regard to following them in their disbelief and sin, do not follow them." (Taysir Al-Karim Al-Mannan fi Tafsir Kalam Al-Mannan (p. 648)

In accordance with this Quranic guidance, you should explain to your mother very politely the reason [why you do not congratulate her on her birthday](#) , and [strive hard to honour her](#) and treat her kindly in anything that does not involve sin.

One of the greatest ways in which [you can honour your mother](#) is to try your hardest to call her to adhere to the laws of Allah, may He be exalted, and to pray a great deal that she be guided; then soften her heart towards you by giving her gifts, treating her kindly, honouring her and getting in



touch from time to time, whenever it is possible for you to do that.

For more details, please see the following answers: [146449](#) and [226504](#) .

And Allah knows best.