20032 - Is Kissing and Being Intimate Allowed While Fasting?

the question

I have a question concerning fasting. During the fast is it permissible to say I love you to a husband? My husband asked me to say it during fast and I said to him that it is not permissible, he said it is allowed?

Summary of answer

There is nothing wrong with a man playing with his wife, or a wife with her husband, by saying words while fasting, on the condition that there is no danger of either of them climaxing. It is permissible to kiss and play with one’s wife, if one is sure that there is no risk of reaching climax.

Detailed answer

Praise be to Allah.

Is romance allowed during fasting?

There is nothing wrong with a man playing with his wife , or a wife with her husband, by saying words while fasting, on the condition that there is no danger of either of them climaxing.

If there is the danger that they may reach climax, as in the case of one who has strong desires and who fears that if he plays with his wife his fast may be broken by his ejaculating, then it is not permissible for him to do that, because he is exposing his fast to the risk of being broken.

The same applies if he fears that he may emit prostatic fluid (madhiy). (Al-Sharh al-Mumti’, 6/390)

Is kissing allowed while fasting?

The evidence that it is permissible to kiss and play with one’s wife , if one is sure that there is no

risk of reaching climax, is the report narrated by al-Bukhari (1927) and Muslim (1106) from `Aishah (may Allah be pleased with her) who said: “The Prophet (peace and blessings of Allah be upon him) used to kiss and touch (his wives) while he was fasting, and he was the most in control of his desires.’”

In Sahih Muslim (1108), it is narrated from `Amr ibn Salamah that he asked the Messenger of Allah (peace and blessings of Allah be upon him), “Can a fasting person kiss (his wife)?” The Messenger of Allah (peace and blessings of Allah be upon him) said, “Ask her” – meaning Umm Salamah – and she told him that the Messenger of Allah (peace and blessings of Allah be upon him) used to do that.

Shaykh Ibn ‘Uthaymin (may Allah have mercy on him) said: “With regard to things other than kissing that may lead to intercourse, such as embracing and the like, we say that the ruling on them is the same as the ruling on kissing, and there is no difference between them.” (Al-Sharh al-Mumti’, 6/434)

Based on the above, your simply saying to your husband, “I love you,” or his saying that to you, does not affect your fast.

For more, please see these answers: 38023 and 2571

And Allah knows best.