135763 - Some Fabricated Reports Attributed to The Prophet

the question

I got this message. Are these words true?
The Holy Prophet (peace and blessings of Allah be upon him) said:
1) Four things that make your body sick: a) Excessive talking b) Excessive sleeping c) Excessive eating and d) Excessive meeting of other people
2) Four things that destroy the body: a) Worrying b) Sorrow (Sadness/Grief) c) Hunger d) Sleeping late in the night
3) Four things that dry the face and take away its happiness: a) Lying b) Being disrespectful / impudent (insisting on something wrong knowingly) c) Arguing without adequate knowledge and information d) Excessive immorality (doing something wrong without fear).
4) Four things that increase the wetness of the face and its happiness: a) Piety b) Loyalty c) Generosity (being kind) d) To be helpful to others without them asking for that.
5) Four things that stop the Rizq (Sustenance): a) Sleeping in the morning (from Fajr to sunrise) b) Not Performing salah (formal prayers) or being irregular with p rayers c) Laziness / Idleness d) Treachery / Dishonesty
6) Four things that bring / increase the Rizq: a) Staying up in the night for prayers b) Excessive Repentance c) Regular Charity d) Dhikr (Remembrance of Allah /God)

Detailed answer

Praise be to Allah.

Firstly:

What is required of every Muslim is to be very careful in what he says and writes, before attributing it to the Prophet (peace and blessings of Allah be upon him), so that he will not fall into the sin of telling lies about him and attributing to him something that he did not say. Not all words

that are correct and true, or have a beautiful meaning or eloquent wording can be attributed to the Prophet (peace and blessings of Allah be upon him) just because they appear good.

It was narrated from al-Mugheerah ibn Shu'bah (may Allah be pleased with him) that the Messenger of Allah (peace and blessings of Allah be upon him) said: "Whoever narrates a hadeeth from me knowing that it is false is one of the liars."

And it was narrated from Abu Hurayrah (may Allah be pleased with him) that the Messenger of Allah (peace and blessings of Allah be upon him) said:

"Whoever deliberately tells a lie about me, let him take his place in Hell." Agreed upon.

Al-Nawawi (may Allah have mercy on him) said:

It is haram (impermissible) to narrate a fabricated hadeeth for one who knows or thinks that it is most likely fabricated. Whoever narrates the hadeeth, knowing or thinking that it is most likely fabricated, and does not explain the facts about its narration and that it is weak, is included in this warning and comes under the heading of the liars who tell lies about the Messenger of Allah (peace and blessings of Allah be upon him). This is also indicated by the previous hadeeth, "Whoever deliberately tells a lie about me, let him take his place in Hell." End quote.

Secondly:

With regard to the words that are mentioned in the question, whether they are a single hadeeth or a number of hadeeths, we cannot -- after researching the matter -- find any basis at all for them being from the Messenger of Allah (peace and blessings of Allah be upon him), either with or without an isnad (chain of transmission). As far as we know, they were not mentioned by any of those who spoke about morals and manners and heart softening reports.

The phrase "Four things that stop the Rizq (sustenance): sleeping in the morning": it was narrated from 'Uthman ibn 'Affan (may Allah be pleased with him) from the Prophet (peace and blessings of Allah be upon him) that he said: "Sleeping in the morning prevents some provision."

This was narrated by Abu Na’eem in al-Hilyah, 9/251, but it is a very weak hadeeth. See: al-Silsilah al-Da’eefah by al-Shaykh al-Albani (may Allah have mercy on him), 3019.

And it was narrated with the words: “Do not sleep and miss seeking your provision between Fajr (early morning) prayer and sunrise.” This is also very weak. See al-Da’eefah, 6991.

With regard to the phrase “Four things increase provision,” in which regular charity is included: something similar was narrated by al-Daylami in Musnad al-Firdaws (1/47), with the wording: “Seek help with provision by means of charity.” But this is a da’eef hadeeth.

See: Da’eef al-Jami’, 818, by al-Shaykh al-Albani.

And Allah knows best.