12832 - Looking at a young female doctor who is teaching him

the question

What is the ruling on looking at a young woman who us teaching us in the university, who makes some movements that are inappropriate?.

Detailed answer

Praise be to Allah.

It is haraam to look at a non-mahram woman deliberately, because Allah says (interpretation of the meaning):

“Tell the believing men to lower their gaze (from looking at forbidden things)” [Al-Noor 24:30]

And Allah is the Source of strength.