12662 - How to repent from having intercourse with one’s wife after her period has ended and before she has done ghusl

the question

I went through all the Questions and Answers relating to Masturbation and Having Intercourse after the Periods but without her Ghusl. I just wanted the clarification for the above in the sense, Is there any Repentance like Dua or anything to overcome the Sin he or she has committed?

Detailed answer

Praise be to Allah.

Having intercourse with a menstruating woman in her vagina is haraam, because Allah says (interpretation of the meaning):

“They ask you concerning menstruation. Say: that is an Adha (a harmful thing for a husband to have a sexual intercourse with his wife while she is having her menses), therefore, keep away from women during menses” [al-Baqarah 2:222]

Whoever does that has to seek the forgiveness of Allah and repent to Him, and he has to give a dinar or half a dinar in charity as expiation for what he has done. Ahmad and the authors of al-Sunan narrated with a jayyid isnaad from Ibn ‘Abbaas (may Allah be pleased with him) that the Prophet (peace and blessings of Allah be upon him) said: “Whoever has intercourse with his wife when she is menstruating should give a dinar or half a dinar in charity.” Whichever you give is sufficient.

It is not permissible to have intercourse with one's wife after she has become pure, i.e., after the bleeding has stopped, and before she has done ghusl, because Allah says (interpretation of the meaning):

“and go not unto them till they are purified (from menses and have taken a bath)”

[al-Baqarah 2:222]

Allah has not given permission for a man to have intercourse with a menstruating woman until her bleeding stops and she purifies herself, i.e., does ghusl. Whoever has intercourse with his wife before she has done ghusl has committed a sin and has to offer expiation (kafaarah).

See Fataawa al-‘Ulama’ fi ‘Ushrat al-Nisa’, p. 51

Fatwa al-Lajnah al-Daa’imah

With regard to the way to rid oneself of sins that a man and woman have committed, please see Question No. 14289, 329.

You have to repent to Allah for going against the prohibition mentioned in this aayah and for not paying heed to the words (interpretation of the meaning):

“And when they have purified themselves, then go in unto them as Allah has ordained for you” [al-Baqarah 2:222]

That is done by regretting what has happened and resolving not to do it again, and by doing a lot of good deeds, for good deeds wipe out bad deeds. And Allah is Oft-Forgiving, Most Merciful.