120218 - Is repeating a ruqyah one hundred times an innovation (bid‘ah)?

the question

What is your opinion about someone who recites ruqyah, and he is a hafiz of the Book of Allah and is well known for being pious and righteous, and he only recites Quran or what has been narrated from the Prophet (blessings and peace of Allah be upon him), and he repeats some ruqyahs – such as surahs or verses or what is narrated from the Prophet (blessings and peace of Allah be upon him)? So for example, he will recite al-Fatihah one hundred times or more, without believing that the number of repetitions – whether it is small or great – will bring about healing. What is the ruling on this repetition, and is it an innovation (bid‘ah) or not?

Detailed answer

Praise be to Allah.

I think that there is nothing wrong with repeating the recitation, whether it is a specific number of times or without counting, because the Quran is healing for what is in people’s hearts, and it is guidance and mercy for the believers, whilst it only increases the wrongdoers in loss. So he should use recitation of the Book of Allah, or reciting supplications narrated from the Prophet (blessings and peace of Allah be upon him), and that will be a beneficial remedy, by Allah’s leave. Moreover, the reciter should be sincere and the patient should be righteous, and they should bear in mind the meanings of the verses and supplications that he recites, and both the reciter and the patient should be righteous, and Allah is the healer. May Allah send blessings and peace upon Muhammad and his family and companions. End quote.

Shaykh ‘Abdullah ibn Jibrin (may Allah preserve him).

Fatawa ‘Ulama’ al-Balad al-Haram (p.818).

And Allah knows best.